

# 胡杏兒 - 忘掉自己

編曲：hugowong

1  $\text{♩} = 140$  *rit.*

Piano *ff*

3 *a tempo* *rit.*

5 *a tempo* *rit.*

7 *a tempo* *rit.* *a tempo*

10

你 害 怕 時 用

Detailed description: This is a piano score for the song 'Forget Yourself' by Angela Ho. The score is written for piano and is in 4/4 time. It begins with a tempo of 140 beats per minute. The key signature has two flats (B-flat and E-flat). The score is divided into five systems, each with a measure number (1, 3, 5, 7, 10). The first system (measures 1-2) features a right-hand melody of eighth notes and a left-hand accompaniment of chords. The second system (measures 3-4) continues the melody with a 'rit.' (ritardando) marking. The third system (measures 5-6) starts with 'a tempo' and includes a triplet in the right hand. The fourth system (measures 7-8) includes a 'rit.' marking and a change to 6/8 time. The fifth system (measures 9-10) returns to 4/4 time and includes the lyrics '你 害 怕 時 用' (You are afraid of using time). The score uses various dynamics including *ff* (fortissimo) and *p.* (piano). There are also accents (>) and slurs throughout the piece.

14

我的雙手 沾到灰塵 都也享受 發現原來付出

This system contains measures 14 through 17. The music is in a 4/4 time signature with a key signature of two flats (B-flat and E-flat). The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: 我的雙手 沾到灰塵 都也享受 發現原來付出.

18

都亦不夠 為何仍是接受 我突然期待你

This system contains measures 18 through 21. The music continues in the same key signature and time signature. The melody has a slight change in measure 19 with a sharp sign. The lyrics are: 都亦不夠 為何仍是接受 我突然期待你.

22

說出口 風光背後覺得 未嘗透 有著情感讓

This system contains measures 22 through 25. The melody continues with a consistent rhythmic pattern. The lyrics are: 說出口 風光背後覺得 未嘗透 有著情感讓.

26

故事長久 看透了誰會走 成就你沒說穿

This system contains measures 26 through 29. The melody features a half note in measure 27. The lyrics are: 故事長久 看透了誰會走 成就你沒說穿.

30

為你 我未留神為傷 痛準備 有淚無感情

This system contains measures 30 through 33. The melody continues with a consistent rhythmic pattern. The lyrics are: 為你 我未留神為傷 痛準備 有淚無感情.

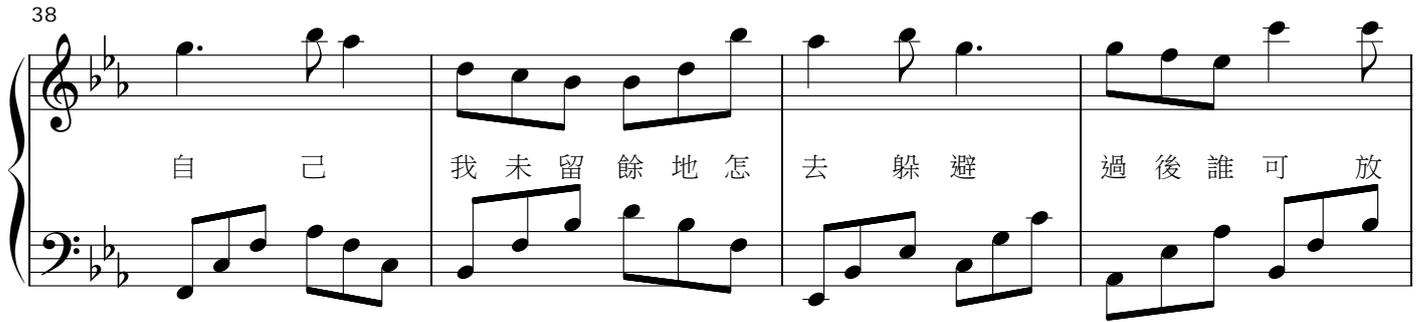
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34



如何憶記 得不到欣賞怎 可自欺 成就你忘掉是

38



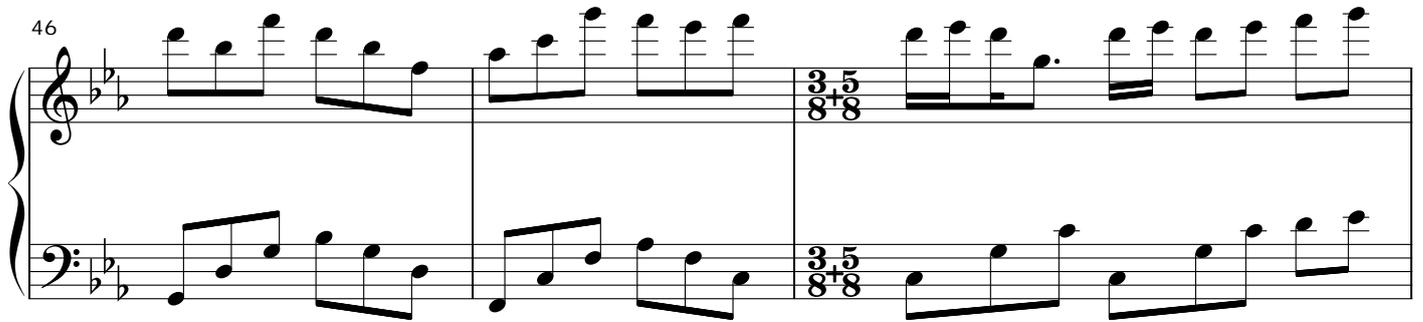
自己 我未留餘地怎 去躲避 過後誰可放

42



低憶記 經得起分開傷 悲心靠在一起

46



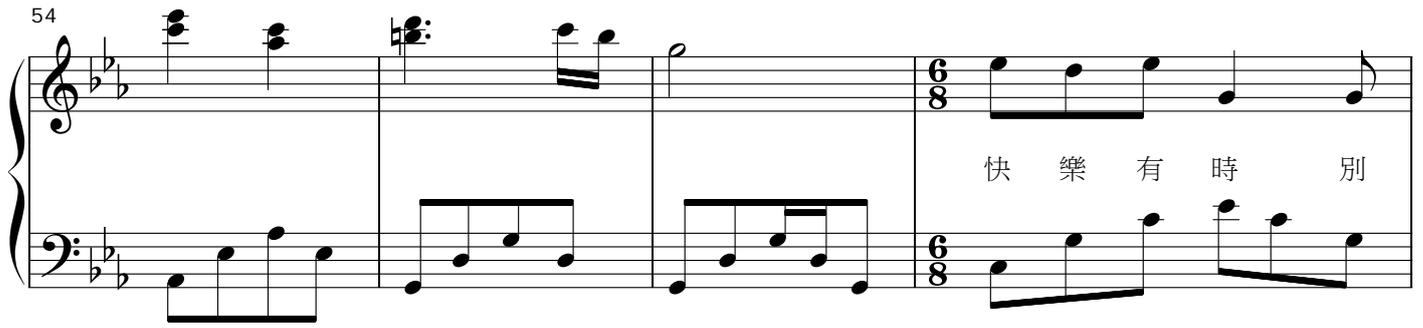
低憶記 經得起分開傷 悲心靠在一起

49



低憶記 經得起分開傷 悲心靠在一起

54



快樂有時別

58



要太清醒 得到一時失去安靜 你為何從未珍

62



惜沒反應 為何從沒記認 軟弱時期望聽

66



你一聲 跟他對話我甘心旁聽 我在場竟盡

70



破壞場景到這裏才尾聲 成就你沒說穿

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74

為你 我未留神為傷 痛準備 有淚無感情

Detailed description: This system contains measures 74 to 77. The music is in a 4/4 time signature with a key signature of two flats (B-flat and E-flat). The melody is in the treble clef, and the bass line is in the bass clef. The lyrics are: 為你 我未留神為傷 痛準備 有淚無感情.

78

如何憶記 得不到欣賞怎 可自欺 成就你忘掉是

Detailed description: This system contains measures 78 to 81. The music continues in the same key and time signature. The lyrics are: 如何憶記 得不到欣賞怎 可自欺 成就你忘掉是.

82

自己 我未留餘地怎 去躲避 過後如果記

Detailed description: This system contains measures 82 to 85. The music continues in the same key and time signature. The lyrics are: 自己 我未留餘地怎 去躲避 過後如果記.

86

得忘記 經得起分開傷 悲心靠在一

*rit.*

Detailed description: This system contains measures 86 to 88. The music continues in the same key and time signature. The lyrics are: 得忘記 經得起分開傷 悲心靠在一. A *rit.* (ritardando) marking is placed above the second measure of this system.

89

起

*a tempo* *rit.*

Detailed description: This system contains measures 89 to 92. The music continues in the same key and time signature. The lyrics are: 起. A *a tempo* marking is placed above the first measure, and a *rit.* marking is placed above the second measure. The system ends with a double bar line.

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